The PE Curriculum 2026-27

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
EYFS	FMS 1 Rolling & receiving Finding space and body control	FMS 2 Sending & Receiving Moving to music	Dance Gymnastics: balance and movement	Gymnastics: balance and travel FMS 3 Balance and Co-ordination	Running and jumping Target Games	Multi-skills Cooperative team sports Sports day
Y1	FMS 1 Throwing and Catching Run, jump and balance	FSM2 Kicking and dribbling Dance – Stories and themes	Dance Gymnastics: rolls, shapes	Gymnastics: rolls, shapes and apparatus	Athletics: run, jump, throw FMS3: striking with bats	Athletics Sports day Net and wall
Y2/3	FMS: agility, balance and coordination Invasion: ball handling and tag games	Invasion: football Dance	Dance Gymnastics: rolls, jumps and balances	Net and wall: Tennis Gymnastics: apparatus	Swimming Athletics	Swimming Athletics
Y3/4	Gymnastics: rolls, jumps and travel Invasion: Tag Rugby	Dance Invasion games: Netball/Basketball	Swimming Invasion: Hockey Gymnastics: Sequences	Swimming Net and wall: tennis	Athletics Striking and fielding: Rounders	Athletics OAA: Orienteering
Y4/5	Swimming Invasion: Tag Rugby	Swimming Invasion: Netball/Basketball	Dance Gymnastics: Movement and balance	Invasion: football & hockey Net and wall: Badminton	Athletics Cricket	Athletics Cricket

Y5/6	Invasion: Netball/Basketball OAA Team challenges and orienteering	Invasion: tag rugby, Football Fitness: Circuits and personal bests	Dance Gymnastics: Movement and balance	Invasion: Hockey Net and wall: Volleyball and Badminton	Athletics Cricket	Athletics Cricket
Y6	Invasion: Netball/Basketball OAA Team challenges and orienteering	Invasion: tag rugby, Football Fitness: Circuits and personal bests	Dance Gymnastics: Movement and balance	Invasion: Hockey Net and wall: Volleyball and Badminton	Athletics Cricket	Athletics Cricket