No Outsiders (All are welcome) JIL Journey in Love Ten Ten Other

The RSHE – PSHE Curriculum 2026-27

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
EYFS	**EYFS: The Wonder of Being Special and Unique** **Social & Emotional** • Recognise that they are special and loved within their family. • Understand that others are special too. Identify trusted adults who help and care for them. You choose- to say what I think Module 1 Story sessions Unit 1 religious understanding Handmade with Love	Red rockets and rainbow jelly- to understand it is Ok to like different things (link to diversity/ diversity day) Divali Module 1 unit 2 Me my body my health	**Physical** • Notice similarities and differences between people. • Name and appreciate their own unique characteristics. Understand that everyone is different and special. Mommy Mama and Me- to celebrate my family Module 1 Unit 3 Emotional well being	Hello Hello- build relationships Module 1 Unit 4 Life cycles	**Spiritual** • Celebrate belonging to God's family. • Reflect on family and Church celebrations. Recognise God's love shown through family and community. Blue chameleon- to make friends with someone different Module 2 Unit 2 Personal relationships And Unit 3 Life online	The family book- to understand that all families are different Module 3 Unit 2 living in the wider world
Y1	**Year 1: We Meet God's Love in Our Family**	Want to play trucks- to find ways to play together	**Spiritual** • Celebrate God's love revealed	To understand that our bodies work in different ways- Max the champion Module 1: Created and Loved by God	**Physical** • Know ways families keep children	To understand what makes someone feel proud- the odd egg

	Social & Emotional • Recognise signs of love within family life. • Understand that families provide care, security and support. • Appreciate the importance of family relationships To play with boys and girls- Ten little pirates **Module 1: Created and Loved by God** Unit 1: Religious Understanding Let the children come God Loves you Module 2 unit 1	Module 3: Created to Live in Community Unit 1: Religious Understanding Unit 2: Living in the Wider World 3 in one Who is my neighbour? The communities we live in	through family life. • Recognise family as a gift from God. • Respond to God's love through prayer and thanksgiving. Proud to be me- Hair, it is a family affair. Module 2: Created to Love Others Unit 2: Personal Relationships Special people Treat others... Say sorry	Unit 3: Emotional Well-Being Feelings.. Dislikes Feelings inside out Super Susie gets angry	healthy and safe. • Begin to understand personal boundaries and body privacy. • Name major body parts accurately. To work together- Errol's garden Module 1: Created and Loved by God Unit 4: Life Cycles The cycle of life Beginnings and endings	Module 1: Created and Loved by God Unit 2: Me, My Body, My Health I am unique Boys and girls Clean and healthy
Y2/3	**Year 2: We Meet God's Love in the Community** **Social & Emotional** • Recognise the joy of belonging to a community.	Begu- to be welcoming Module 1: Created and Loved by God Unit 3: Emotional Well-Being	**Spiritual** • Identify places where God's love is experienced in the community. • Appreciate service, kindness	All are welcome- To know I belong Module 3: Created to Live in Community Unit 1: Religious A community of love What is the church?	**Physical** • Learn how to stay safe in different communities. • Recognise trusted adults who can help.	Blown away-to work with everyone in my class Module 3: Created to Live in Community Unit 2: Living in the Wider World

	• Understand friendships and positive relationships. • Develop respect for people in diverse communities. A crayons story- to be who you want to be Module 1: Created and Loved by God Unit 1: Religious Understanding Get up The Sacraments	Session 1: What am I feeling? Session 2: What am I looking at?	and helping others. • Reflect on belonging to God's wider family This is our house- discrimination Module 3: Created to Live in Community Unit 2: Living in the Wider World How do I love others?		• Understand responsibilities for themselves and others. The first slodge- to understand how we share a world Module 1: Created and Loved by God Unit 4: Life Cycles Life cycles A time for everything	Working together
Y3/4	**Social & Emotional** • Understand qualities needed for healthy friendships. • Explore loyalty, kindness, trust and generosity. • Recognise how friendships support wellbeing and happiness The truth about old people- To recognise a stereotype	The way back home- to overcome language as a barrier Module 1: Created and Loved by God Unit 3: Emotional Well-Being Session 3: I am thankful	**Spiritual** • Reflect on God's call to love others. • Recognise Christian values within friendships. • Consider how faith influences relationships. The Hueys in the new jumper- helping somone who feels different Module 2: Created to Love Others	Planet Omar- to consider living in Britain today Module 2: Created to Love Others Unit 3: Life Online Session 1 sharing online Session 2 chatting online	Two monsters- to find a solution to a problem Module 2: Created to Love Others Unit 4: Keeping Safe Session 3 drugs, alcohol, tobacco Session 5: rights and responsibilites	**Physical** • Develop awareness of personal safety within relationships. • Understand appropriate behaviour towards others. • Recognise how actions affect relationships. Along came a different- to help someone,to accept difference

	Module 3: Created to Live in Community Unit 2: Living in the Wider World Session 3 money matters (try create a project enterprise day?)		Unit 2: Personal Relationships Session 1 family, firends and others			Module 1: Created and Loved by God Unit 2: Me, My Body, My Health Session 1 we don't have to be the same
Y4/5	**Social & Emotional** • Appreciate and respect differences between people. • Challenge stereotypes and unfair treatment. • Develop empathy and inclusion. All wonders- to understand what a bystander is Module 3: Created to Live in Community Unit 1: Religious Understanding	Where the poppies now grow- to learn from our past Module 2: Created to Love Others Unit 2 personal relationships Session 2 lower key stage when things feel bad Session 3 balancing needs	**Spiritual** • Understand that everyone is made in God's image. • Celebrate diversity as part of God's creation. • Respect the dignity of every person. My princess boy- to promote diversity Unit 3 life online Session 1 and 2 sharing and chatting online	The flower- to ask questions Module 2: created to love others Unit 4 keeping safe lower key stage Session 1 safe in my body Session 2	Dogs dont do ballet- to know when to be assertive Module 2: created to love others Unit 4 keeping safe lower key stage Session 4 first aid heroes	**Physical** • Understand that every person develops uniquely. • Recognise similarities and differences respectfully. • Develop positive self-esteem and body awareness. Aalfred and Aalbert- to find a common ground Module 1: Created and Loved by God Unit 2: Me, My Body, My Health Session 2 Lower key stage respecting our bodies

	Session 1 a community of love					Lower key stage Session 3 what is puberty? (letter out to parents y4 and 5 Sams to join y4) Session 4 changing bodies Y5 to join y5/6 for the mensruation lesson
Y5/6	**Social & Emotional** • Recognise emotions linked to growing and changing. • Develop confidence and self-respect. • Understand the support available from trusted adult A day in the life of Marlon Bundo- to conisder democracy	The island- to challenge the causes of racism Module 2: Created to Love Others Unit 3: Life Online Session 1 sharing isn't always caring Cyberbullying (courtroom trip) Module 2: Created to Love Others Unit 4: Keeping Safe	**Spiritual** • Reflect on growth as part of God's plan. • Develop gratitude for the gift of life. • Recognise God's presence during times of change. Dreams of freedom- to recognise my freedom Module 2: Created to Love Others	Rose Blanche- to justify my actions Module 1: Created and Loved by God Unit 3: Emotional Well-Being Session 1 body image Session 2 Session 3 peculiar feelings Emotional changes Session 4 seeing stuff online	**Physical** • Understand the changes associated with puberty. • Recognise how boys and girls develop physically. • Appreciate growth and development as natural and positive Love you forever- all growing old and cycle of life	King of the sky- To consider responses to immigration Module 3: Created to Live in Community Unit 1: Religious Understanding The Holy Trinity Unit 2: Living in the Wider World Session 2: World of work

	Module 1: Created and Loved by God Unit 1: Religious Understanding Calming the storm Session 1 gifts and talents	Session 3 making good choices Session 4 giving assistance	Unit 2: Personal Relationships Session 1-5		Module 1: Created and Loved by God Unit 2: Me, My Body, My Health Lower key stage Session 3 what is puberty? (letter out to parents) Session 4 changing bodies	
Y6	**Social & Emotional** • Understand that stable, caring relationships are at the heart of family life. • Reflect on the qualities of love described by St Paul's teaching. • Recognise healthy relationship boundaries and sources of support. The whisperer- to stand up for discrimination	How to heal a broken wing- to recognise when someone needs help Module 3: Created to Live in Community Unit 1: Religious Understanding Catholic social teaching Session 1 Unit 2 living in the wider world Reaching out	**Spiritual** • Recognise new life as a gift from God. • Understand Catholic teaching on marriage and family life. • Reflect on being made in the image and likeness of God when forming relationships. And tango makes three- to accept people different from me Module 1: Created and Loved by God Unit 4: Life Cycles	The artist who painted the blue horse- to appreicate artistic freedom Module 2: Created to Love Others Unit 4: Keeping Safe Session 1 types of abuse Session 2: impacted lifestyles	**Physical** • Explain how human life is conceived. • Understand how a baby develops in the womb. • Use appropriate scientific vocabulary related to reproduction Leaf- to overcome fears about difference Module 1: Created and Loved by God	The girls- to explore friendship Module 1: Created and Loved by God Unit 4: Life Cycles Making Babies part 1 and 2

	Module 3: Created to Live in Community Unit 2: Living in the Wider World Session 1 Unit 2 living in the wider world Reaching out Money and me (link to jobs and world of work link to Christmas fair, stalls? Profit?)		Session 4 Hope beyond death Session 5 coping with change		Unit 2: Me, My Body, My Health Boys bodies Girls bodies menstruation	